



The Wilfred R. Cameron Wellness Center Celebrates 25 Years!

SCHEDULE OF EVENTS

Monday, September 29

Members can enjoy complimentary fruit, and refreshments to keep you energized!

Take a class alongside your favorite WRCWC team member. For a list of classes visit wrcameronwellness.org/25yrs

Tuesday, September 30

Surprise giveaways happening all day—stop in and see what you might win!

Wednesday, October 1 - The Big Day!

12:30 PM: Join us in the lobby for a special celebration marking 25 years of wellness. Come celebrate this special occasion with refreshing toast and healthy hors d'oeuvres.

Bring a friend for free and let them see what makes our community so great.

Enjoy a free chair massage and polish changes!

Thursday, October 2

Ready for some friendly competition?

Come out and enjoy pickleball from 9:00am-10:00am and dodgeball from 1:00pm-2:00pm with the Cameron team! It's going to be a blast!

Proceeds to benefit UPMC Washington Women's Center

Friday, October 3

25% off all retail – yes, that includes Spa Harmony products and everything in our Pro Shop!*

Elevate your wellness journey and save \$25 on any Spa or Fitness package!

**Excludes food and drinks*